



InLight Risk Management Resource Center

Welcome to the InLight Risk Management Resource Center!

The InLight Risk Management Resource Center is an online portal that allows users to access numerous documents to assist the facility Administrator or clinician in the management of risk in the healthcare setting.

Examples of the types of information found on the Resource Center include:

- Assessment forms and checklists
- Shared risk agreements
- Arbitration/mediation agreements
- Sample clinical policies and procedures for both skilled nursing and assisted living levels of care
- Best practices
- Regulatory guidelines (including a fully searchable copy of the OBRA regulations)
- Survey management tools
- Health Insurance Portability and Accountability Act (HIPAA), Occupational Safety and Health Administration (OSHA), and U.S. Food and Drug Administration (FDA) guidelines
- Risk reduction recommendations

Many of the tools on the Resource Center are user-friendly Word documents that may be downloaded, customized, and used within a facility immediately.

The InLight Risk Management Resource Center is updated regularly to ensure users are viewing current information on issues and trends in the healthcare setting. Users are notified via email when significant documents are uploaded to the Resource Center.

The Resource Center also allows users to follow the status of key healthcare legislation. Users can see when a bill was introduced, who was the sponsor, status details, and any current action on the bill. Users can also view news and blog coverage of the bill.

InLight Risk Management Resource Center Features

- Free user access to InLight Clients
- Access to more than 550 resource documents and tools
- Regularly updated with content from leaders in the long term care field
- Updates on key healthcare legislation
- Industry news
- Email alerts to users concerning pertinent uploads or news items

Register Today!

- Go to www.InLightRM.ResourcesForRisk.com
- Click on the "Register" button
- Complete the registration form; click on the "Submit" button
- Once approved, you will receive an email notifying you that your registration has been approved and is complete

Resources

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- Administration
- Adverse Event/Crisis Communication
- Best Practices
- Claim Management (MMSEA/MSA/MSP)
- Clinical/Resident Care
- Departmental Services
- Emergency Management
- Employee Relations
- Facility Programs
- General Resource Information
- Government Reports/Publications
- Insurance
- Key Legislation
- Legal Briefings
- Policies and Procedures
- Regulations/Compliance
- Risk Management
- Special Populations

Welcome to the InLight Risk Management Resource Center

Here you will find the most up-to-date materials covering all aspects of risk management in the health care setting.

Registration for this service is easy and provided at no cost to our clients. We also invite you to explore our [Free Downloads page](#) for a sampling of Resource Center documents and the [Links page](#) for helpful links.

If you are already registered, please login below:

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To register, please click the button below:

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Industry News

Healthcare Reform Provisions Take Effect

Posted: Jan 3, 2011

Some key healthcare reform provisions took effect January 1, 2011, according to an article from McKnight's Long-Term Care News & Assisted Living. Provisions affecting long term care include efforts to close the Medicare Part D "donut hole" for Medicare beneficiaries. [Read more >>](#)

Health Care Mandate Ruled Unconstitutional by Virginia Court

Posted: Dec 13, 2010

U.S. District Court Judge Henry Hudson found a key piece of the health care reform law unconstitutional on Monday, December 12, according to an article on CNN.com. The Virginia judge's ruling struck down the requirement for most Americans to purchase health insurance by 2014 in the Patient Protection and Affordable Care Act, which was signed into law by President Obama in March 2010. [Read more >>](#)

National Influenza Vaccination Week

Posted: Dec 3, 2010

The coming week has been designated National Influenza Vaccination Week (NIVW) by the Centers for Disease Control and Prevention (CDC).

Resources

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Best Practices

Pendulum

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Resources

Resource Search

Category: Best Practices > Pendulum > Section 3: High Risk Exposures and Risk Reduction Strategies

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3.00 High Risk Exposures and Risk Reduction Strategies: Table of Contents

Author: Pendulum

Summary: Pendulum Guidelines for Best Practices - Section 3.0: High Risk Exposures and Risk Reduction Strategies: Table of Contents.

3.01 Defining High Risk Exposures and Risk Reduction Strategies

Author: Pendulum

Summary: Pendulum Guidelines for Best Practices - Section 3.1: Defining High Risk Exposures and Risk Reduction Strategies

3.02 Abuse Prevention

Author: Pendulum

Summary: Pendulum Guidelines for Best Practices - Section 3.2: Abuse Prevention

3.03 Elopement Prevention

Author: Pendulum

Summary: Pendulum Guidelines for Best Practices - Section 3.3: Elopement Prevention

3.04 Falls Management

Author: Pendulum

Summary: Pendulum Guidelines for Best Practices - Section 3.4: Falls Management

Most Recent Documents

[NIC Insider Newsletter – December 2010](#)

[Guideline for Hand Hygiene in Health-Care Settings](#)

[Work Place Bullying – How to Tackle the Bully at Work](#)

[The Use of Security Officers for Non-Security Tasks](#)

[Don't Let the Bed Bugs Bite!](#)

Guidelines for Best Practices

Subject/Title:	3.1 Defining High Risk Exposures and Risk Reduction Strategies
References:	Pendulum, 4600B Montgomery Blvd. Suite 204, Albuquerque, NM, 87109, 888-815-8250, www.WeArePendulum.com

I. Introduction

High Risk Exposures are events or practices that occur in the long term care setting that often are the basis for a claim or lawsuit, and command the highest settlement dollars. Unfortunately, the trends in litigation have been for plaintiff's counsel to focus on resident outcomes that are relevant to complications of the aging process, and can be easily conveyed to and accepted by the public as shocking and unacceptable. Other high risk exposures relate to the vulnerability of the elderly as seen in exploitation and abuse.

Operational High Risk Exposures include:

1. Abuse
2. Elopement
3. Falls
4. Infections
5. Malnutrition/dehydration/weight management
6. Medication errors
7. Pain
8. Resident rights
9. Restraints
10. Skin/wounds

In unison with the risk identification process, acknowledgment of the potential high-risk operational exposures in the Organization is essential. Focus then needs to be placed on developing risk reduction strategies.

Risk Reduction Strategies are measures taken to prevent a potential risk exposure from occurring or at least minimize the severity of loss related to the injury, the financial impact on the facility, and its reputation.

Risk Reduction Strategies include:

1. Setting realistic service expectations with all stakeholders: residents, family members and where appropriate, visitors and family friends
2. Developing and implementing an aggressive complaint handling protocol and service recovery program
3. Developing realistic comprehensive policies and procedures including preventative measures, assessments, re-assessments, interventions, and documentation practices
4. Documenting staff training relating to the policies and procedures and high risk exposures
5. Documenting competency of staff
6. Developing documentation of practices including: assessments, interventions, notifications, and follow-up after adverse events or changes in resident status/condition
7. Care planning relating to resident needs identified in the medical record
8. Auditing of staff compliance of policy and procedure